

Morning Tea Painting

INSTRUCTIONS



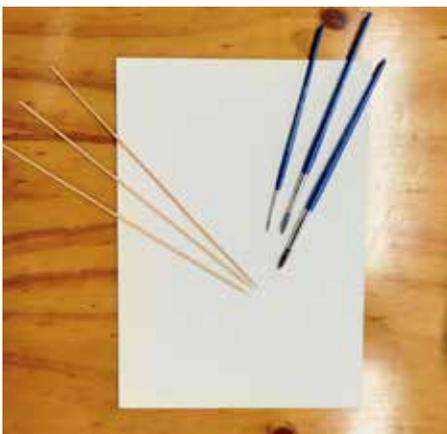
INSPIRATION

Take inspiration from post-impressionist painter Van Gogh and create inky marks using home made ink. Van Gogh painted highly detailed landscapes using a wide variety of mark making techniques. He was a poor artist who often used reeds and twigs in place of a paint brush. Take a look at a few images of his work and check out the line drawing samples (see last page) to help get you started. Tip: have a play creating a page of different marks to get warmed up.



What you need

- Some paint brushes - fine and medium sizes are best!
- Kebab skewers, tooth picks or twigs are optional
- Some paper - the thicker the better!
- Tea bags
- Instant coffee
- Tea Spoon
- Jug of boiling water
- 6 cups or glasses
- A bowl or cup of water (for washing your brushes)



Step 1

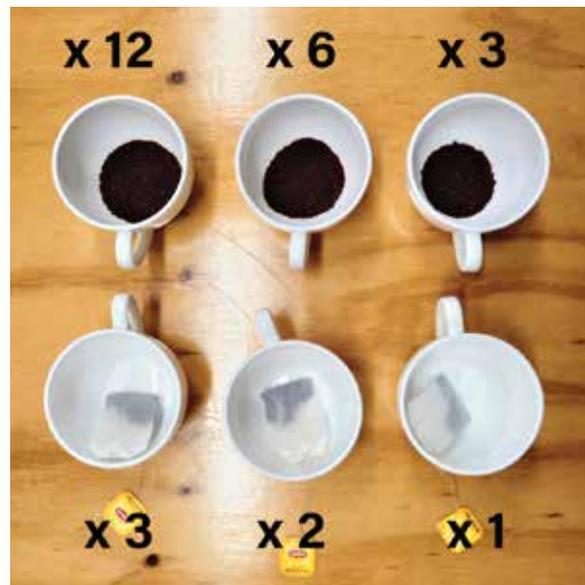
As a guide, fill three different cups with instant coffee

- 1 with 12 teaspoons
- 1 with 6 teaspoons
- 1 with 3 teaspoons

This will give you different “values” of the brown tone.

Next, with your tea bags, (contrary to the picture) fill three different cups

- 1 with 3 tea bag
- 1 with 2 tea bags
- 1 with 1 tea bags



Step 2

Only **HALF FILL** all the cups with boiling water.

HOT TIP: *It is always best to ask an adult to help with pouring boiling water.*

Stir the coffee slowly and well with the teaspoon.

Let the tea steep in the water for 5 - 10 minutes.



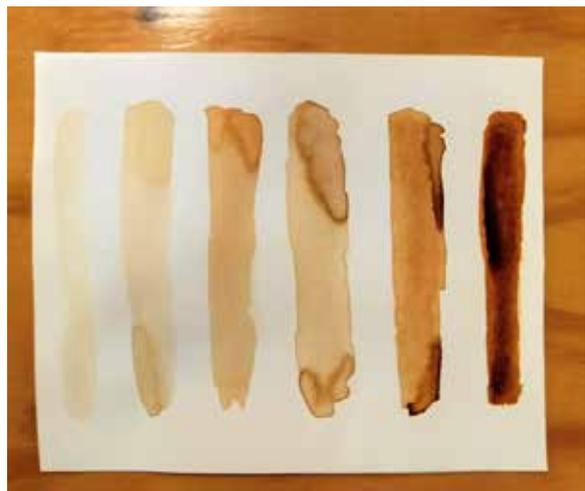
Step 3

Test out your new range of colour values, by dipping your brush into each cup.

Feel free to adjust the values you discover by adding more.

Coffee (makes the value darker) or more water (lightens the value).

HOT TIP: *Remember to wash your brush between painting with each different colour.*



Step 4

Choose a subject to paint. It can be anything you like!

A still life of objects around your kitchen, or a pet animal, a leaf or a flower from outside. In the example, we were inspired by Vincent Van Gogh's ink drawings of landscapes.

You can make up an imaginary landscape with mountains, buildings, animals, forests - whatever you please!



HOT TIP: *If you like, draw out your design and composition in very light pencil first.*

You can use your different colour values to create the illusion of depth (things being nearer or further away). Things that are close are darker, things that are further away get lighter and lighter.

Step 5

Add detail and texture to your image. Experiment with different brushes and use all your newly created colour values.

HOT TIP: *It sometimes helps to be patient when painting and to wait for layers you have made to DRY before going over them. That way, things don't get too mixed and muddled.*



Step 6

Try experimenting with a skewer if you have one, or a small twig, or a toothpick by dipping into your range of colours and drawing with the tip.



Step 7

Enjoy yourself and keep playing and exploring with your art tools, materials and colours!

You can always do more than one now that you have so much coffee and tea paint to play with!



ADDITIONAL RESOURCES

